



Middle and High School/Teen Service Hours Project

February 25-May 7, 2017

About the Service Project: We are currently recruiting middle and high school students in the DC/MD/VA area to help raise awareness of and participation in the upcoming 5th Annual Public Service Charity Run/Walk on Sunday, May 7, 2017, at Anacostia Park in Washington, DC. To earn hours students can:

- **Hang official event flyers throughout the DC/MD/VA area through March 20.** Flyers can be picked up at our office in Alexandria, VA (please email fedshelpingfeds@feea.org to schedule a time) or can be printed by you at your own expense at a local office supply store from the file on our website. You can access the flyer here: <http://bit.ly/2IZfAP2>
- **Register and walk or run in the charity race on May 7.** Register here: <https://feea.org/support/public-service-5k-runwalk/runner-walker-registration/>. Grab your friends and you can all earn hours together!
- **Solicit and receive donations.** After you register as a walker or runner participant, you will be given a personal webpage for fundraising. The website (<https://feea.org/support/public-service-5k-runwalk/runner-walker-registration/>) will provide you with more information.

How Service Hours are Awarded:

- **1 hour for every 5 flyers hung based on the returned service log** (see attached). Flyers can be hung at any appropriate venue. Suggestions include:
 - Community bulletin boards at coffee shops, supermarkets, libraries, and rec centers;
 - Storefront windows (with permission) such as fast food restaurants, hair salons, banks, credit unions (especially federal employee credit unions), athletic wear/running stores, gift shops, etc.;
 - On middle, high school, college, and university campuses and bulletin boards;
 - At office buildings (with permission).
- **1 hour for taking pictures of yourself hanging and posing with the flyers, sharing on Twitter and Facebook and tagging FEEA** (Twitter @FedsHelpingFeds). You can also use your parent's social media feeds with their permission.

Here are some sample posts to go with your photo:

(for FaceBook) *Support the Public Service Charity Run/Walk. Check it out at bit.ly/2kuGxdN, then like and share to spread the word! #PublicService5K*

(for Twitter) *Support the Public Service Charity Run/Walk! More info at www.feea.org/5K. Re-Tweet to spread the word! #PublicService5K*

- **1 hour for registering and walking or running in the race on May 7.** Register here: <https://feea.org/support/public-service-5k-runwalk/runner-walker-registration/> Grab your friends and you can all earn hours together!
- **10 hours for soliciting and receiving 20 donations.** After you register as a walker or runner participant, the registration website will provide you with a personal webpage for fundraising. Additional information at <https://feea.org/support/public-service-5k-runwalk/runner-walker-registration/>

About our Charity:

The full brochure for the event can be found here: <http://bit.ly/2kCBp2v>

FEEA has been the official charity of the Public Service Charity 5K run/walk for five years. Founded in 1986, FEEA: The Federal Employee Education and Assistance Fund, is the only independent, nonprofit, 501c3 organization devoted solely to providing emergency financial assistance and scholarships to our dedicated civilian federal and postal public servants and their families. Over its thirty year history, FEEA has supported more than 50,000 federal families all across the United States and from almost every federal department and agency, with emergency loans, disaster relief grants, scholarships, and childcare subsidies. One of our best known programs provides college scholarship to the children of federal employees who died in the terrorist attacks in Oklahoma City, on 9-11, and in diplomatic posts overseas. FEEA has a four-star Charity Navigator rating - the highest possible - which is given only to nonprofit organizations that exceed industry standards and outperform most charities in their cause.



CFC#11185





Community Service Hours Form

Please complete and email this form to fedshelpingfeds@feea.org or fax it to 202-559-1298. If your school requires its own official form, please enclose it with this form and let us know where to send it.

Student Name: _____

School: _____ Age _____

Parent/Guardian Name: _____

Parent/Guardian Address: _____

Parent/Guardian Email: _____

Posters Hung (attach additional sheets if needed) or receive 1 hour service for 5 posters hung

<u>Venue</u>	<u>Street Address or Intersection</u>	<u>City State</u>

Social Media Engagement (1 hour) I posted photos of me and social media blasts and tagged FEEA (Yes/No)

Race Registration (2 hours) I registered for the race and participated in the walk/run (Yes/No)

Fundraising (10 hours) I raised 20 individual donations for the race via my race registration fundraising page in my name (name of student above) (Yes/No)

TOTAL HOURS REQUESTED: _____

I certify that my child completed the above service hours: _____ (parent signature required)